



LIFE SAVER ACTIONS IN REDUCING OPIOID MISUSE AND DEATHS

STEP 1: CONDUCT INITIAL AND ONGOING SCREENING AND ASSESSMENTS

1 Start with SBIRT, NIDA Quick Screen, DAST, AUDIT-C For Adolescents Use: NIDA-Modified Assist, CRAFT, DAST-20

2 To assess for risk of opioid addiction use:

- Opioid Risk Tool (ORT)
- DIRE
- SOAPP-R

3 To determine opioid withdrawal use:

- COWS

SYMPTOMS OF OPIOID WITHDRAWAL	
EARLY SYMPTOMS	EARLY SYMPTOMS
<ul style="list-style-type: none"> • Agitation • Anxiety • Muscle aches • Increased tearing • Insomnia • Runny nose • Sweating • Yawning 	<ul style="list-style-type: none"> • Abdominal cramping • Diarrhea • Dilated pupils • Goose bumps • Nausea • Vomiting

4 Ongoing Assessment and Monitoring Tools for Patients Taking Opioids
Clinical Pearl-Focus on functionality vs pain

- COMM: Current Opioid Misuse Measure
- Pain Assessment and Documentation Tool
- Chabal 5-Point Prescription Opiate Abuse Checklist

5 Don't Forget to Screen for Depression, Anxiety, PTSD, and Sleep Apnea

- PHQ-9
- GAD-7
- PC-PTSD
- STOP-Bang Questionnaire

6 Starting the Conversation



PUT THE PATIENT AT EASE WITH THE 4 "P" S









- ? Did your parents use substances?
- ? Does your partner/peers use substances?

- ? Did you use substances in the past?
- ? Do you use any substances in the present?

Asking about peer/partner substance use is more highly associated with individual's risk of use the younger the individual is.



STEP 2: PRACTICE UNIVERSAL PRECAUTIONS WITH ALL PATIENTS TAKING OPIOIDS

- ✓ Follow the CDC Guideline for Prescribing Opioids for Chronic Pain 
- ✓ Use an online morphine equivalent opioid dose calculator for prescribing
 - www.improvingopioidcare.org/resources-tools/med-calculator/ 
- ✓ Use controlled substance agreements with ALL patients on opioids. 
- ✓ Routine UDS screening 
- ✓ Checking the PDMP at each visit 
- ✓ Naloxone co-prescribing
 - Check out Stoptheclockcolorado.org for participating pharmacies where patients and families can walk in and purchase without a prescription. 
- ✓ Avoid concurrent benzodiazepine and opioid prescribing 
- ✓ Treat co-occurring mental illness 

STEP 3: REFER TO TREATMENT AND/OR PRACTICE HARM REDUCTION STRATEGIES FOR OPIOID USE DISORDER

REFER TO TREATMENT



SAMHSA'S NATIONAL 24/7 HELPLINE, 1-800- 662-HELP (4357)

- English and Spanish
- Provides- referrals to local treatment facilities, support groups, and community-based organizations.



SAMHSA BUPRENORPHINE TREATMENT PRACTITIONER LOCATOR

- www.samhsa.gov/medication-assisted-treatment/physician-program-data/treatment-physician-locator



SAMHSA OPIOID TREATMENT PROGRAM DIRECTORY

- dpt2.samhsa.gov/treatment/



SAMHSA MOBILE APP FOR PROVIDERS

- Medication assisted treatment of OUD



REFER CLIENTS TO THE HARM REDUCTION ACTION CENTER FOR:



SYRINGE ACCESS



HEALTH EDUCATION CLASSES



TESTING FOR HIV, HEPATITIS C, CHLAMYDIA, AND GONORRHEA



VEIN CARE INSTRUCTION

📍 231 E Colfax Ave, Denver, CO 80203

☎ (303) 572-7800

STEP 4: EXPAND ACCESS BY PRESCRIBING MEDICATION ASSISTED TREATMENT FOR OPIOID USE DISORDER

FDA-APPROVED DRUGS FOR THE TREATMENT OF OPIOID USE DISORDER

MEDICATION	MOA	FORMULATIONS	DOSING FREQUENCY	AS AN APRN CAN I PRESCRIBE?	COVERED UNDER MEDICAID?
<i>Buprenorphine with Naloxone</i>	<i>Partial agonist</i>	<i>Pills, dissolving film, implant</i>	<i>Daily for pills and file. Every six months for implant</i>	✓ <i>Need special training and waiver</i>	✓
<i>Methadone</i>	<i>Full agonist</i>	<i>Pill, liquid, and water forms</i>	<i>Daily</i>	✗	✓
<i>Naltrexone</i>	<i>Antagonist</i>	<i>Pill or extended release injection</i>	<i>Daily for pill. Monthly for IM injection</i>	✓ <i>No special waiver needed</i>	✓

SPECIAL POPULATIONS (ADAPTED FROM ASAM GUIDELINES)



PREGNANCY

Methadone or Buprenorphine monoproduct ONLY. Encourage breastfeeding.



ADOLESCENTS

Methadone, Buprenorphine/naloxone combination product, oral or LAI Naltrexone.



PSYCHIATRIC DISORDERS

Methadone, Buprenorphine/naloxone combination product, oral or LAI Naltrexone. Manage drug interactions and stabilize patient before initiating treatment.



Incarceration Methadone, Buprenorphine/naloxone combination product, LAI Naltrexone (Initiate RX ≥ 30 days before release)



WARN YOUR PATIENTS THAT WHILE TAKING THIS MEDICATION THEY WILL LOSE THEIR TOLERANCE. WHAT THEY USE TO TAKE COULD NOW CAUSE AN OVERDOSE AND KILL THEM.

